



# Welcome to the Dryden Age-Friendly Assessment and Action Plan Project Update Presentation

Feb. 2022

# Meeting Purpose:

**To provide you with an overview and update on the Dryden Age-friendly Planning project and discuss next steps for February and March!**

# Agenda

1. Introductions
2. Project Overview
3. Planning Process – To Date
4. Dryden Age-Friendly Assets – Gaps Review
5. Next Steps and Closing



# INTRODUCTIONS

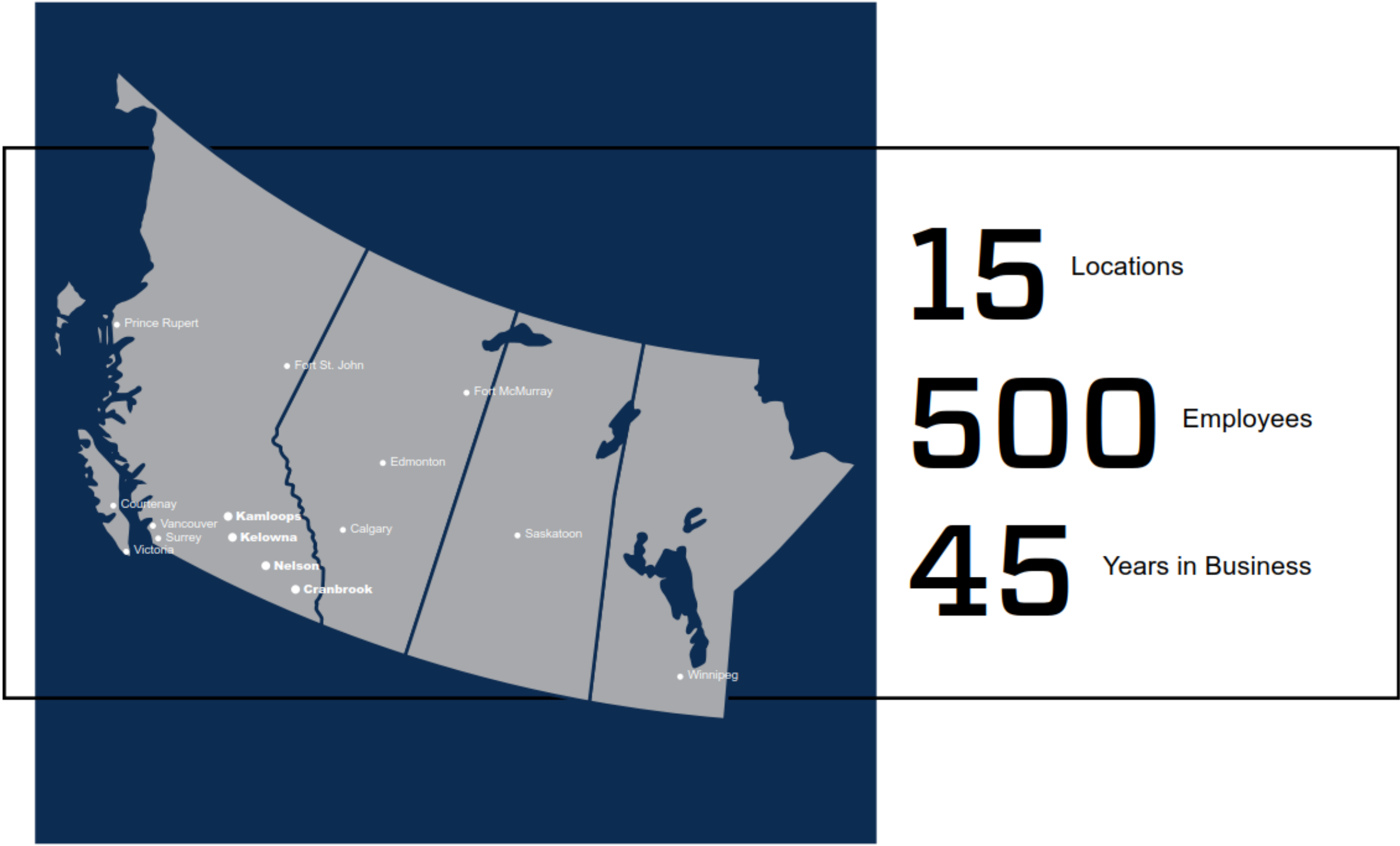


# Introduction

## Dan Penner, Community Planner

- Community Planner / Project Lead for Urban Systems
- Practice includes:
  - Community and land use planning
  - Economic development
  - Strategic planning
  - Land development
  - Community health / age-friendly planning
- Based in our Winnipeg Branch
- Working With Communities Across Canada





15 Locations

500 Employees

45 Years in Business

# Our Clients



## Indigenous Communities

*We help communities build resilience*



## Land Developers

*Our services take projects from start to finish*



## Contractors

*We have strong relationships with general contractors for design-build projects*



## Local Government

*We have a deep understanding of the context in which local governments operate*

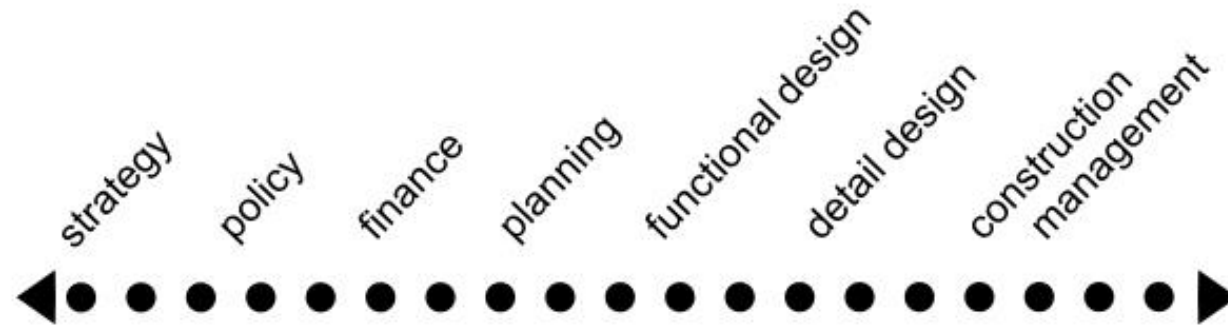


## Provincial Government

*We work closely with leaders and policy makers to ensure community needs are supported*



# How we Contribute



- 
- |                            |                            |  |
|----------------------------|----------------------------|--|
| Asset Management           | Community Energy Solutions | Community Planning                       |
| Economic Development       | Environment                | GIS                                      |
| Governance & Finance       | Land Development           | Land Economics                           |
| Land Survey & Geomatics    | Landscape Architecture     | Transportation                           |
| Water and Wastewater       | Community Infrastructure   | First Nations Advisory                   |
| Homelessness               | Housing                    | Food & Water Security                    |
| Inclusion                  | Climate Change             | Financial & Environmental Sustainability |
| Meaningful Local Economies |                            |  |

**URBAN**  
systems

urban  
**matters**



# PROJECT OVERVIEW



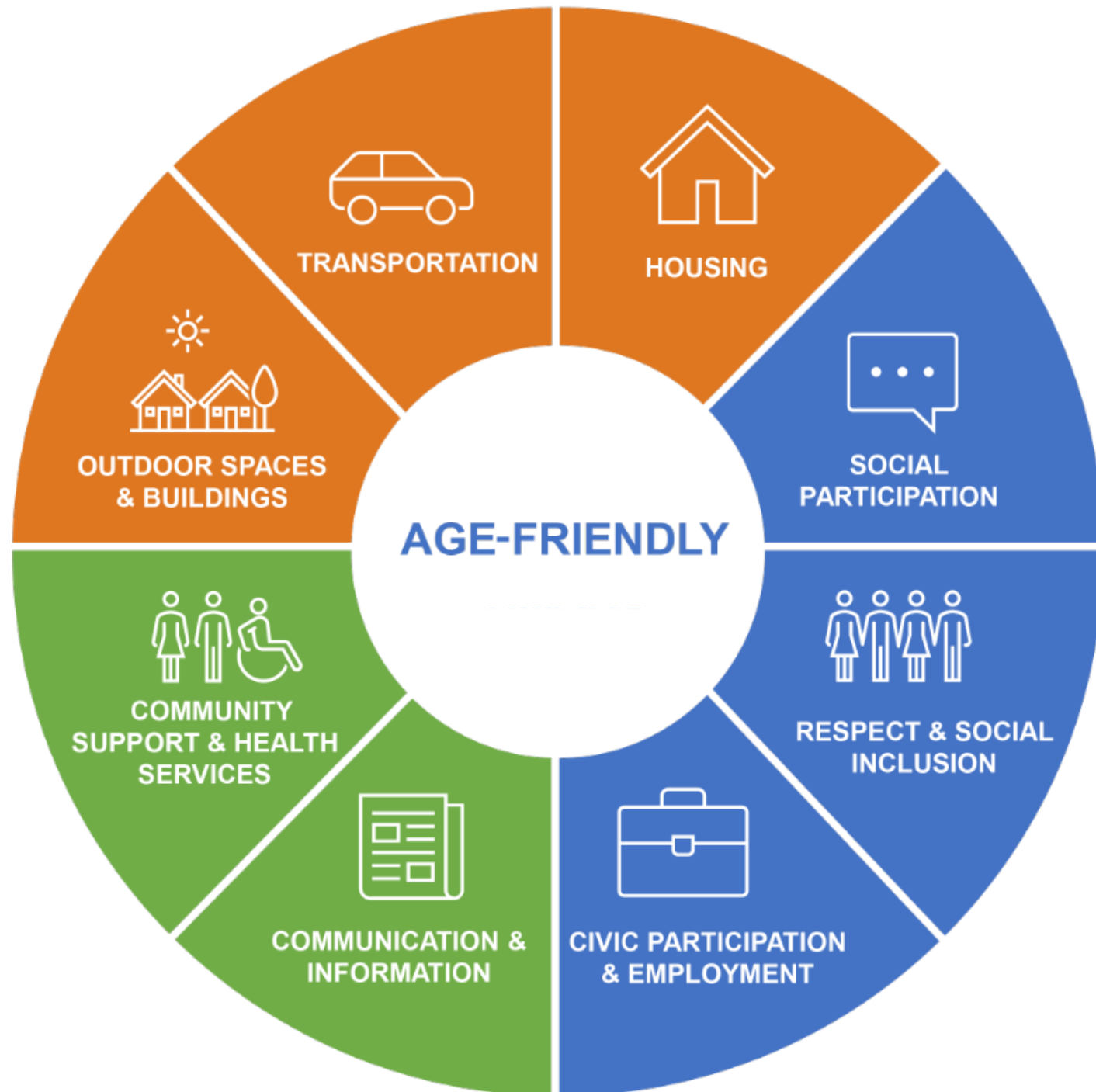
# WHO Age-Friendly Framework

- WHO developed the Global Age-Friendly Cities Guide to help communities identify and address barriers/determinants to the well-being of older people
- It was a global effort to understand the needs of older people and how communities can adapt and support those needs
- Includes 8 overlapping focus areas with individual “core age-friendly features”
- It is a framework to help self-assessment and chart out progress

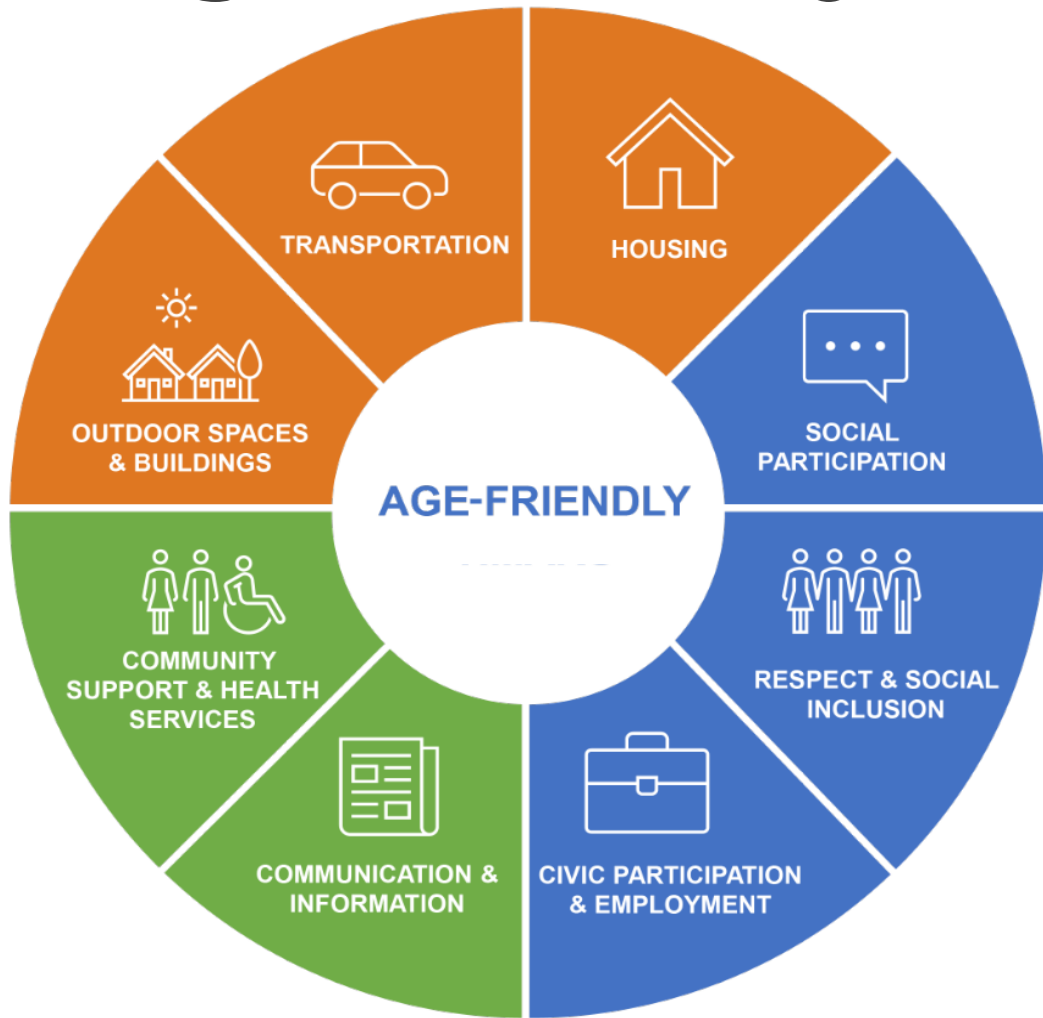
## Determinants of Active Ageing



# WORLD HEALTH ORGANIZATION AGE-FRIENDLY FOCUS AREAS



# Age-Friendly Planning



- Ensures the physical and social environments of a community adapts to the needs of seniors
- It identifies ways to support seniors to remain healthy and independent in their community - also known as ***aging-in-place***
- It is planning that considers a broad range of connected planning areas (pictured left)
- Often provides positive benefits for entire community, and can be developed as “multi-generational” plans



# Multi-Generational Benefits

- Many of the assets and needs established through age-friendly planning apply to other demographics
- We like to frame the plans as multi-generational and identify recommendations that touch on multiple demographic groups



# City Roles in Age-Friendly

City roles in implementing an **Age-Friendly Assessment and Action Plan** include:

## Primary Roles: (As part of the City's core responsibilities as a municipality)

- Providing infrastructure and municipal services
- Planning and development
- Parks and recreation
- Bylaw enforcement
- Police and fire services
- Economic development
- Supporting seniors housing development

## Secondary Roles: (Outside of the City's core responsibilities)

- Advocacy of other levels of government (e.g. health / social services)
- Supporting community organizations
- Being a connector and mobilizer
- Leveraging City assets to address needs





# Project Overview

The Purpose of the **Dryden Age-Friendly Assessment and Action Plan** is:

1. Understand what age-friendly assets exist in Dryden
2. Understand where there are gaps and what is needed to address them now and in the future
3. Develop an **Action Plan** with recommendations with improving Dryden's Age-Friendliness
4. Engage with seniors, stakeholders and community throughout the process



# PROJECT PROCESS TO DATE



# Project Phases and Timeline

**We Are Here**

1. Background  
Review and  
Research



2. Community  
Engagement  
#1



3. Develop  
Asset and  
Gapa Report



4. Community  
Engagement  
#2



5. Develop and  
Finalize Action  
Plan

October  
2021

November  
2021

January  
2022

February /  
March  
2022

March  
2022



**URBAN**  
SYSTEMS

# Engagement Conducted to Date

Engagement activities conducted in November 2021 included:

- Age-Friendly Committee Meeting #1
- Community Information Meeting
- Stakeholder Meetings (2)
- Go Getters Work Shop
- Community Survey (ongoing)
- Leadership / Committee Workshop



# Engagement Phase 2

## Activities Planned For February / March 2022:

- Community Open House
- Stakeholder Open House
- Go Getters Work Shop #2
- Pop-up Booth (2 days)
- Leadership / Committee Review Workshop

The intent of this engagement will be to review initial draft Age-Friendly Plan directions (e.g. vision, goals and actions) with the community!

*Note: intent is to do meetings in-person if COVID conditions permit*



# DRYDEN AGE-FRIENDLY ASSETS AND GAPS REVIEW



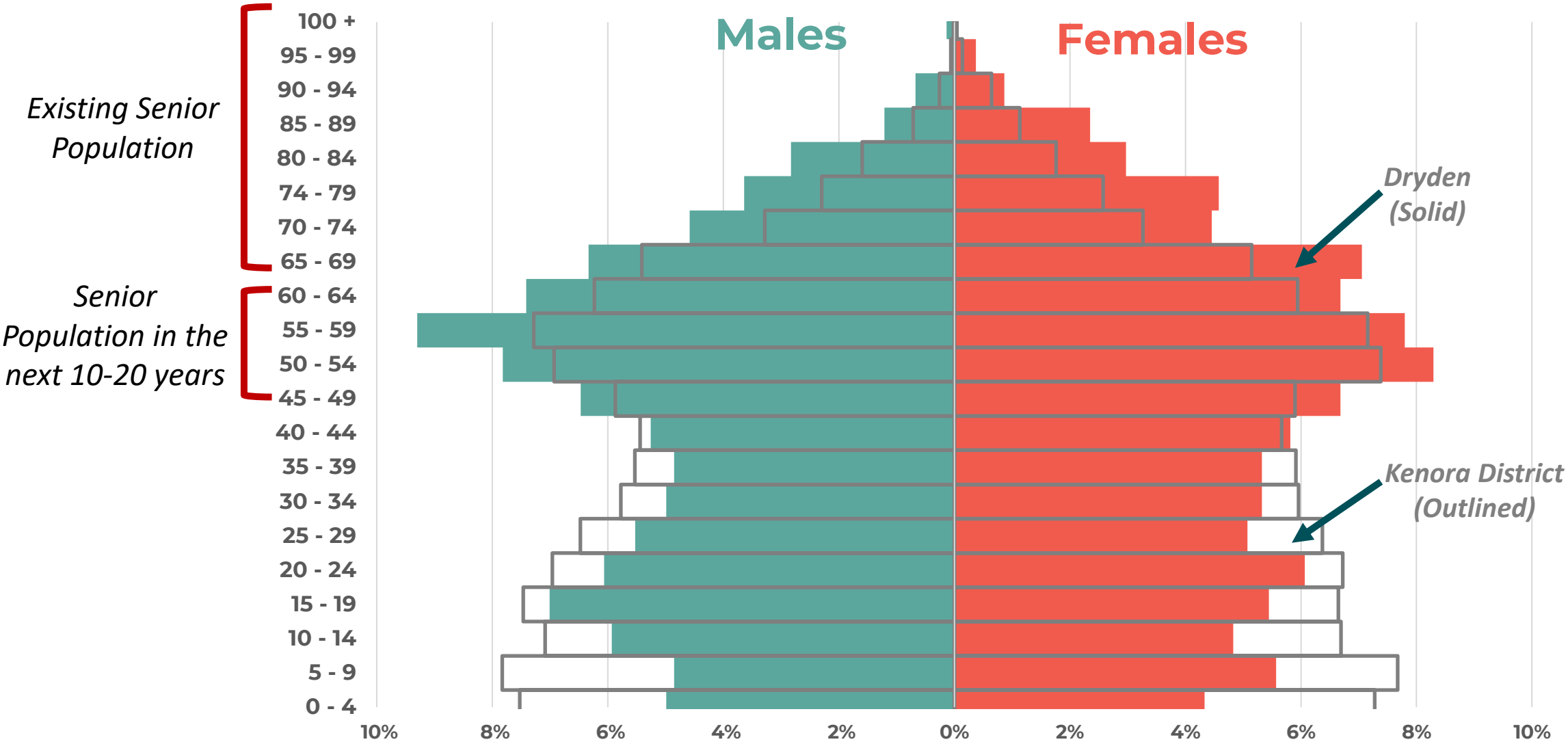


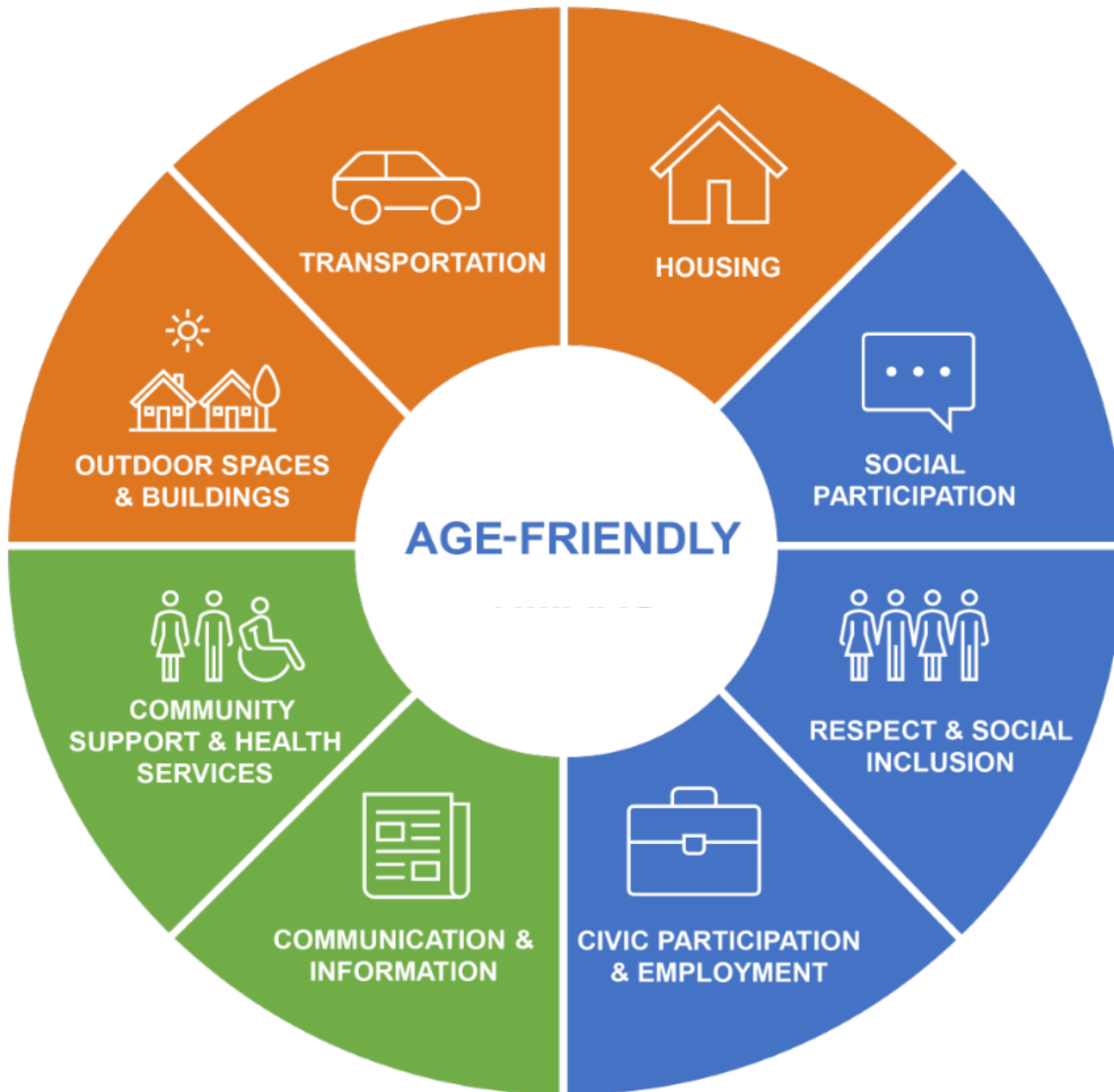
# Seniors Demographics in Dryden

- Dryden's population is generally older compared to regional, provincial, and national averages
- Contributing factors:
  - Dryden's position as a regional service/health centre
  - Large proportion of older adults that have now aged into the 65+ demographic
  - Lack of growth in younger demographics (e.g. young adults moving away)

	% of Residents who are 65+ years of age	Median Age
<u>Dryden</u>	<u>21%</u>	<u>46.2</u>
<b>Kenora District</b>	<b>14.2%</b>	<b>36.5</b>
<b>Ontario</b>	<b>16.7%</b>	<b>41.3</b>
<b>Canada</b>	<b>16.9%</b>	<b>41.2</b>

# Seniors Demographics in Dryden





First step in age-friendly planning is determining a community's existing assets and gaps (areas of need) for the different categories.

1. What currently exists in Dryden that supports seniors' quality of life?
2. Where are seniors currently underserved in each of the planning areas?
3. What are the priorities/areas to address in the future?

# Age-Friendly Planning Areas

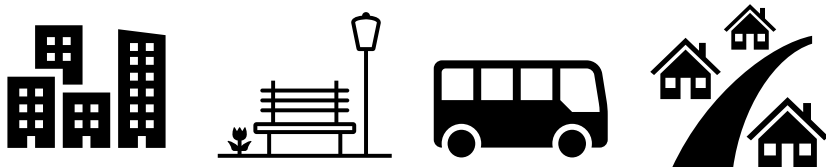
## Outdoor Spaces & Buildings

*The outside environment and public buildings*

Includes things like:

- A pleasant and clean community
- Accessible parks and rest areas
- Safe sidewalks, trails and road crossings
- Public washrooms
- Accessible buildings (ramps, railings, non-slip floors, readable signage, etc.)
- Winter safety and accessibility

Assets	Gaps / Needs / Opportunities
<ul style="list-style-type: none"><li>• Public washrooms in parks</li><li>• Access to nature/outdoor spaces</li><li>• Accessibility of community facilities</li><li>• Walkable in summer</li><li>• Feels safe and relatively clean</li><li>• Solid facilities/recreation areas for community this size</li><li>• City is making investments in sidewalks</li><li>• Community garden</li></ul>	<ul style="list-style-type: none"><li>• Sidewalk improvements<ul style="list-style-type: none"><li>• Van Horne -&gt; Government Docks</li><li>• Downtown areas</li><li>• Bicycle paths/lanes</li></ul></li><li>• Snow removal (driveways and sidewalks)</li><li>• Accessibility of trails (E.g. Laura Howe)</li><li>• Accessibility of private business buildings</li><li>• Tough to get around in winter</li><li>• More benches/seating/tables in parks</li><li>• Safety a growing issue</li><li>• Winter snow removal challenges</li><li>• Central green spaces</li><li>• Street and pedestrian lighting</li></ul>



# Age-Friendly Planning Areas

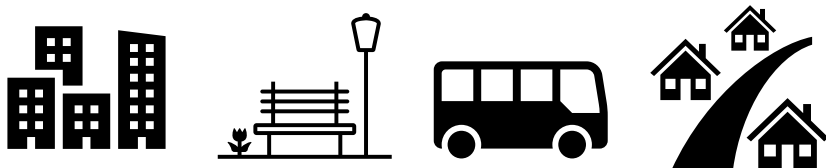
## Transportation

*Getting around the community safely*

Includes things like:

- Good roads, accessible parking and snow clearing (for drivers)
- Active transportation options
- Affordable and reliable public and informal transportation, such as:
  - MyLift
  - Busses/shuttles
  - Volunteer drivers
  - Taxis
  - Transport with wheelchair lifts

Assets	Gaps / Needs / Opportunities
<ul style="list-style-type: none"><li>• MyLift</li><li>• Red Cross medical drivers</li><li>• Native Friendship Centre ride service</li><li>• Available Taxi service and subsidized rides</li><li>• Informal ridesharing</li><li>• Many organizations with funding for transportation</li></ul>	<ul style="list-style-type: none"><li>• MyLift expansion (hours and days)<ul style="list-style-type: none"><li>• Ability to pickup outside City boundary</li></ul></li><li>• Regular bus/shuttle routes (especially in Winter)</li><li>• Sidewalks, trails and bike lanes</li><li>• Traffic calming on fast streets</li><li>• Advocate for intersection improvements by Walmart</li><li>• Partnership models to support public transportation</li></ul>



# Age-Friendly Planning Areas

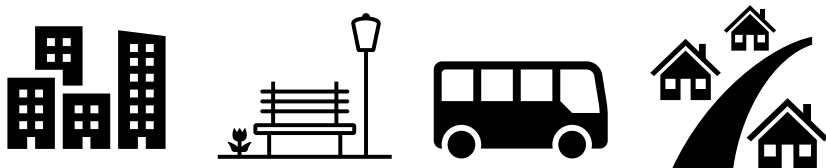
## Housing

*Safe, affordable and accessible places to live*

Includes things like:

- Affordability for fixed incomes
- Range of home types, including smaller homes and apartments
- Assisted living and long-term care options available
- Proximity of housing to services and amenities
- Accessible design features (ramps, single-level, wide doorways)

Assets	Gaps / Needs / Opportunities
<ul style="list-style-type: none"><li>• Patricia Gardens</li><li>• Princess Court</li><li>• New 40-unit development (KDSB)</li><li>• Timberland Estates</li><li>• General affordability (compared to Ontario)</li><li>• Landlord improvements during COVID</li><li>• General age of housing stock</li></ul>	<ul style="list-style-type: none"><li>• Diversity of housing stock</li><li>• Market rental -&gt; affordable -&gt; assisted living</li><li>• Growing unaffordability for fixed income</li><li>• Secondary and Garden Suites</li><li>• Long-term care housing</li><li>• Incentive packages for seniors/multi-family housing</li><li>• Emergency housing</li></ul>





# Age-Friendly Planning Areas

## Community Supports & Health Services

*Supporting health and wellness of seniors*

Includes things like:

- Access to doctors, nurses & other health professionals
- Availability of home health care supports
- Affordable home services (house cleaning, yard care)
- Volunteer driven services (meals on wheels, grocery delivery, etc.)

Assets	Gaps / Needs / Opportunities
<ul style="list-style-type: none"><li>• Dryden Regional Health Centre</li><li>• Northwest EMS</li><li>• KDSB starting to fill service gaps</li><li>• In-home clinics and care</li><li>• Remote monitoring coming online</li><li>• Food Bank</li></ul>	<ul style="list-style-type: none"><li>• Family doctor/apportionment shortage</li><li>• Health care staff recruitment and retention</li><li>• Transportation for specialized services</li><li>• Other health services (physiotherapy)</li><li>• Awareness of available services</li><li>• Family moving away and cant support seniors</li><li>• Long-term care/assisted living capacity</li><li>• Growing % of seniors accessing food bank, reliant on volunteers</li><li>• Mental health supports and workers</li><li>• Affordable home services</li></ul>



# Age-Friendly Planning Areas

## Communication & Information

*Keeping seniors informed on community affairs*

Includes things like:

- Providing information through various means, such as:
  - Bulletin boards
  - Newspapers and newsletters
  - Phone calls
  - Radio
  - Internet
  - Television
- Access to computers and computer training

Assets	Gaps / Needs / Opportunities
<ul style="list-style-type: none"><li>• CKDR radio, website and events calendar</li><li>• Word of mouth</li><li>• Churches as means for communicating</li><li>• Growing technology/social media literacy</li></ul>	<ul style="list-style-type: none"><li>• Some seniors struggle to find information</li><li>• Dedicated seniors portal online</li><li>• Monthly mailout calendar</li><li>• Using community organizations to distribute notices</li><li>• Facebook as outreach tool</li><li>• Annual Seniors Guidebook</li></ul>



# Age-Friendly Planning Areas

## Social Inclusion & Respect

*Helping seniors feel included and respected in the community*

Includes things like:

- Recognition of seniors in the community
- Outreach to seniors
- Building respect for seniors across generations
- Consulting seniors on events in the community

## Social Participation

*Helping seniors remain active and social*

Includes things like:

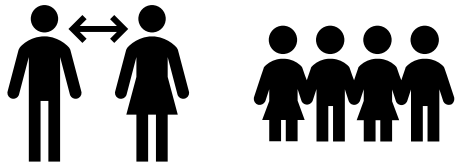
- Opportunities for physical activities and exercise
- Cultural, music, arts and other activities
- Indoor activities, such as bingo, cards and others
- Transportation to activities and events
- Discounted admissions for seniors
- Intergenerational activities

## Civic Participation & Employment

*Using the knowledge and skills of seniors*

Includes things like:

- Volunteer opportunities for seniors
- Opportunities to be involved in community affairs
- Opportunities for seniors to access paid employment
- General involvement in the community



# Age-Friendly Planning Areas

## Social Inclusion & Respect

*Helping seniors feel included and respected in the community*

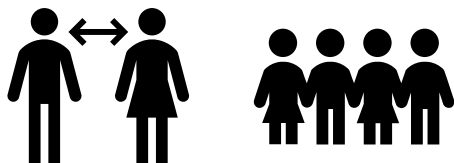
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## Civic Participation & Employment

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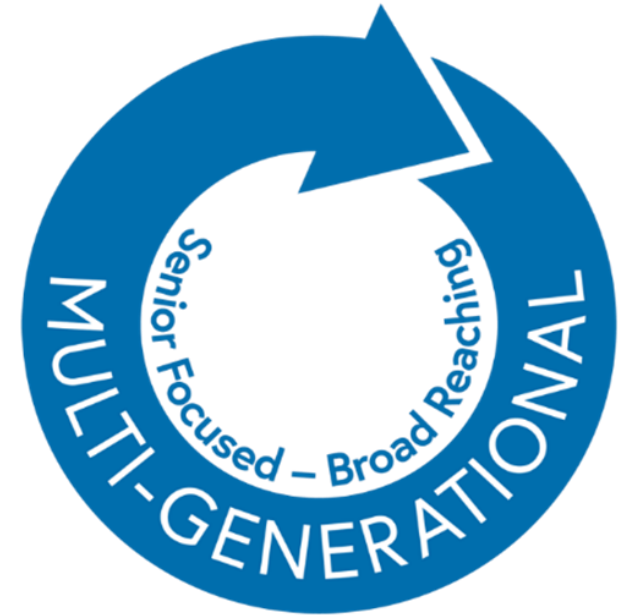
Assets	Gaps / Needs / Opportunities
<ul style="list-style-type: none"><li>• Strong sense of community and “lend-a-hand” mentality</li><li>• Senior volunteer community</li><li>• High school volunteers being put to good use</li><li>• Recreation Centre</li><li>• Go Getters Centre</li><li>• Ice Dogs</li><li>• Community recreation groups (e.g. Cycling Without Age)</li></ul>	<ul style="list-style-type: none"><li>• COVID 19 social impacts</li><li>• Volunteer base is aging</li><li>• Communication of volunteer opportunities</li><li>• Closure of facilities due to lack of volunteers/activities</li><li>• Volunteer incentives/recognition</li><li>• Seniors “upgrades” to Van Horne / Holland Park</li><li>• Outdoor classes, events, concerts in summer</li><li>• Intergeneration activities and events</li><li>• Seniors appreciation events</li></ul>



# Big Themes

## Broad and encompassing themes that have emerged:

- Dryden positioning itself to attract young people, families and professionals
- Focus on quality of life and creating attractive places and spaces
- Addressing emerging social issues in community
- Emphasis on retaining young people and families



# NEXT STEPS AND CLOSING





# Next Steps (November – January)

1. Develop Age-Friendly Action Plan Framework (February)
2. Community Engagement #2 (February – March)
3. Develop and Review Draft Age-Friendly Plan (March)
4. Develop Final Plan and Implementation Plan (March)



# Thanks!

## Questions?

Contact:        Dan Penner  
                     Community Planner  
                     204-688-8207  
                     [dpenner@urbansystems.ca](mailto:dpenner@urbansystems.ca)

